

# NOTICE OF RACE

## OWC X SUP FESTIVAL

20.22 September 2019

Torregrande Oristano

### LOCATION

Country: ITALY

Region : SARDINA

Municipality : ORISTANO

Event site : Lungomare di TORREGANDE

Organizer contact : EOLO ASD / [infoeolo@gmail.com](mailto:infoeolo@gmail.com) / +39 329 6136461

OWX X SUP FESTIVAL is a "PRO-AM" event. Therefore it is possible to be registered in "PRO" DIVISION and in "OPEN" DIVISION ("AM").

## RULES - BRIEF OVERVIEW:

### General Rules

Each entrant must sign the indemnity declaration on the Entry Form before the event. If under 18, the parent or guardian must sign.

The organizers reserve the right to reject or cancel any entry.

Race officials shall have the ultimate and final authority to remove a paddler from the race if the paddler is judged to be physically incapable of continuing the race without the risk of injury.

- At no time during the race may a competitor impede another competitor.
- Unsportsmanlike behavior/actions will result in disqualification.
- Every competitor must strictly comply with the rules and the specific information announced during the official briefing.
- In case of no respect of these rules the competitor may be disqualified.
- The rules of marine common sense shall completely apply. You must assist anyone in difficulty and warn the organization as quickly as possible.
- Any abandonment must be reported to the organization.
- A signature process may be imposed (as a "check in" to sign before the Start and also after the Finish).
- In case where the race management considers that a competitor jeopardizes and/or endanger other competitors and/or the safety device, the competitor may be withdrawn from the race.
- The organizers cannot be responsible for any misrepresentation that may be mentioned on the registration form and reserve the right to exclude violators without refund of fees.
- The obligation to respect the environment, sites borrowed and other competitors, organizers, public, media, ... is a must!
- To participate to the event implies the acceptance of these rules.
- This Regulation may be amended by the organizer according to the conditions, the number of competitors (etc...). These changes will be announced at the Official Briefing and posted on the Official Notice Board.
- The presence of each participant to the Official Briefing is MANDATORY.
- If weather conditions or security do not allow to start a race, the race committee may cancel the race. Another course will be proposed then.

## Race Formats

OWX X SUP FESTIVAL will consist in:

### **PRO AM Long Distance Sinis Sup Marathon (PRO-AM)**

Distance approx 16 km. (8.64 n.mi) from San Giovanni di Sinis to Torregrande (Eolo beach SportS). Beach start and finish with point to point course (course will be made up of buoys). The route will be configured based on the currents and security conditions.

Event Valid for EUROSUP TOUR ranking 2019.

### **THARROS Cruising Sinis Sup Marathon (AM)**

Distance approx 8 km. (4.31 n.mi) The AM Long Distance race will go along Tharros, an ancient settlement (now an archaeological site) and natural amphitheater overlooking the sea, bordered by the imposing Capo San Marco lighthouse. Water start and beach finish with point to point course (course will be made up of buoys).

### **CRONO of the TOWER Crono Team Race (PRO-AM)**

Distance approx 4,0 km. (2,15 n.mi) in the gulf of Oristano in Torregrande (Eolo beach Sports). Beach start and finish with one and/or two lap of route (course will be made up of buoys and beach obstacles). The course will be configured based on the currents and security conditions.

### **SPRINT RACE Individual Race (OPEN)**

Sprint course will consist of a short track-course (100-500 m) around and/or between buoys, utilizing a heat elimination format (much like surfing) and possibly feature a minimum of one recharge round.

This format will be adapted to suit to conditions/whether. In and out of the surf in the coastal locations, or on flat water, where the course itself will be more technical. Course will be made up of buoys.

N.B. Seeding for the OWX X SUP FESTIVAL Sprints will be determined by international ranking, previous year's event ranking (this will not apply where it is a first time event) and/or draw.

Winners in each respective race will be celebrated at the end of each competition day.

Trophy: Event result will be a single result derived from each athletes'/Team performance per single race/competition.

There will be NO Overall result.

Categories:

### **PRO AM Long Distance Sinis Sup Marathon (PRO-AM)**

PRO/Elite will feature both Men's and Women's categories, Open, Master and Youth Division will be held.

AM /Open will feature both Men's and Women's categories (only)

### **THARROS Cruising Sinis Sup Marathon (AM)**

will feature both Men's and Women's categories for 14' and 12'6.

Open divisions will include: Youth, Inflatables, Unlimited, Dragon, Big Sup Divisions.

### **CRONO of the TOWER Crono Team Race (PRO-AM)**

will feature a Open category for PRO and Open category for AM (with no gender division) .

### **SPRINT RACE Individual Race (OPEN)**

will feature both Men's and Women's categories, Open and Youth Division.

Course completion :

Any competitor failing to round all designated buoys will be disqualified from the race.

Paddlers must complete the designated course.

Five Stroke Rule:

If you fall you have 5 strokes to get back on your feet and stand up. This rule is in effect so a paddler does not achieve an advantage by not standing up. You must complete the course standing upon your board.

Drafting (general rule):

Drafting is allowed, but only within your own gender and race class. For example, a female racer may not draft a male, and visa versa. Refer to "Specific Rules" for details.

Officials:

Beach marshal/starter: Shall be responsible for officiating event start and finish.

Course Director: Shall be responsible officiating the race.

Protests:

Must be filed within 15 minutes of the last competitor finishing the event. Protests must be filed with either the Beach Marshal or Course Director. The Beach Marshal, Course Director and associated event officials shall determine the outcome of any protest filed.

## Specific Rules per competition:

### **PRO AM Long Distance Sinis Sup Marathon (PRO-AM)**

#### AGE GROUPS AND GENDER CATEGORIES:

- Elite PRO All ages (Men and Women) (Top 3 podium of both with Checks awarded)
- Junior Elite Under 18 (Men and Women) (Top 3 podium of both with Trophy/medal awarded)
- Master Elite Over 40 (Men and Women) (Top 3 podium of both with Trophy/medal awarded)
- AM all ages (Men and Women) (Top 3 minimum podium of both with Trophy/medal awarded)

#### COMPETITIVE BOARD CLASS CATEGORIES:

Elite PRO Standup Paddleboard: Any standup paddleboard Up to 14'. -Men/Women

Junior Elite Under 18 Paddleboard race class: Any standup paddleboard Up to 14'. -Men/Women

Master Elite Over 40 Paddleboard race class: Any standup paddleboard Up to 14'. -Men/Women

AM all ages Standup Paddleboard race class: Any standup paddleboard Up to 14'. -Men/Women

#### COMPETITOR RULES AND SAFETY

1. A competitor must be standing while paddling once a race has started until crossing over the finish line. A competitor is allowed to sit, lay, or kneel to rest without making forward progress. If a competitor takes more than five strokes while sitting, laying, or kneeling once a race has started the competitor may be given a 3 minute penalty at the discretion of the race director. The exception with this would be for safety reasons where a competitor needs to avoid or may be put into a potentially dangerous situation that would put them or others at risk of injury and or property damage.
2. A competitor shall only use the paddle, waves, and wind to propel the board forward during a race. No outside assistance drafting a vessel not in the race, or any other speed device not considered the norm to SUP racing is allowed. Boat wakes are considered natural conditions unless a competitor is deemed as getting an unfair advantage over other competitors.
3. The safety of all participants and competitions is the number one priority of the race organizers. Participants shall attend all competitor meetings and race postings to keep themselves informed with the typical conditions for the race and also the day of conditions to be expected. Race Directors will warn the competitors of any dangers that could occur and where all safety personnel will be located on the course during the pre-race competitors meeting. Competitors shall be mindful of the hand signals to be used if someone is injured, in danger (paddle in the air, waving, or erect), or in need of help but not injured (hand in the air). All competitors should be mindful with any persons that may be in danger during the course of the race and should assist or help get safety staff attention.
4. All competitors must complete the course as placed in the water, and must safely go around all floating turn buoys. Failure to go around all buoys as required will result in disqualification, also the buoys must be rounded in the direction explained in the race map. Any competitor that has missed a buoy or turned it the wrong direction can go back and do this correctly as long as they haven't crossed the finish line.

#### BEACH START:

Beach Start- Participants will form a straight pre-line perpendicular to the first buoy and will stand between two flagged points on the beach. Both feet standing on the sand, one hand on the board and paddle in the other hand.

The race director will give a 5min, 3min and 2min warning for the start. 1min before the start of the race, the race director will call "Racers to the line" All competitors can make forward progress towards the start line without crossing it. The race Director will give a GO signal will either be verbal over a loudspeaker, or by a horn sounding; no other audible signals will be given before the start of the race. All

participants that cross the start line for any reason before the official start of the race will be given a 3min penalty.

If there is a false start, all racers will be brought back to the pre-line for a restart. Upon the second false start the competitor that started early will be given a 3min penalty.

#### BEACH FINISH:

Beach Finish- Racers and participants will exit the water and run to the finish line. Paddlers must carry their paddles with them across the finish line which will be clearly marked with flags. There will be no diving across the finish line.

#### SPORTSMANSHIP:

It is the competitor's responsibility to act in a sportsmanlike fashion, avoid a collision at all times, and obey the rules as described at the pre-race meeting and in this document. If there is contact or unsportsmanlike conduct during the race that affects the outcome for any racer and they feel they have been interfered with, the race officials may invoke a time penalty. If there is a dispute, the competitors must file a protest within 30 minutes of the last person to finish the race in question. In doing so, the competitor must inform the other party(s) that may have fouled them during the course of the race and also bring in any witnesses to attest to their claim and or protest to the race committee. All protest decisions are final upon the race committee's review, and the protest committee may rule in favor or overrule the protest.

#### DRAFTING:

Drafting is allowed, but only within your own gender and race class. For example, a female racer may not draft a male, and visa versa.

#### PENALTIES:

Violations of the rules and/or unsportsmanlike conduct by a competitor (including but not limited to: purposely obstructing or interfering with another competitor, causing damage or bodily harm to another competitor, use of profane language toward any persons or competitor while at a race, not rounding a mark, competing on the proper course, over the start line early, avoiding a collision, and adhering to the drafting rules) will range from a 3 min time penalty to disqualification.

Penalties for Unsportsmanlike Conduct:

- Extreme: Disqualification
- Moderate: 3min penalty for each offense
- Penalties for Drafting: 3min penalty for each offense
- Course Officials will take note of the offending competitor

#### DEFINITION OF COURSE



Distance approx 16 km. (8.64 n.mi) from San Giovanni di Sinis to Torregrande (Eolo beach Sport).

Beach start and finish with point to point course (course will be made up of buoys).

The route will be configured based on the currents e security conditions.

#### LEASH RULES FOR COMPETITORS

All Elite & Open competitors will be required to use a leash which is tethered to the board while

racing. Life jackets are recommended but not required.

Leash requirements will be strictly enforced for all competitors and failure to comply will result in immediate disqualification..

#### PRIZE MONEY – ELITE RACE and AWARDS

Prize money for the Elite division will be decided by the Long Distance race only, and will be divided equally between the Men's and Women's divisions for 1st through 3rd places with the following repartition: 1500€ Prize Money (750M / 750W) (50%M / 50%W)

MEN: 1<sup>st</sup> 450€ 2<sup>nd</sup> 200€ 3<sup>rd</sup> 100€

WOMEN: 1<sup>st</sup> 450€ 2<sup>nd</sup> 200€ 3<sup>rd</sup> 100€

The winners will be awarded the Oversized checks on the podium and EuroTour will pay the athletes directly.

All categories with at least three participants will have a podium

## **THARROS Cruising Sinis Sup Marathon (AM)**

#### AGE GROUPS AND GENDER CATEGORIES:

- All Ages (Men and Women) (Top 3 podium of both-Trophy/medal awarded)
- Junior Under 18 (Open) (winner -Trophy/medal awarded)
- Master AM Over 40 (Open) (winner -Trophy/medal awarded)
- Gran Master AM Over 50 (Open) (winner -Trophy/medal awarded)  
(Open Category = men or women non gender category considered)

#### CRUISE BOARD CLASS CATEGORIES:

AM/ all ages Standup Paddleboard race class: Any standup paddleboard Up to 14'. -Men/Women

AM/all ages Standup Paddleboard race class: Any standup paddleboard Up to 12'6. -Men/Women

OPEN Junior Standup Paddleboard: Any standup paddleboard

OPEN Inflatable Standup Paddleboard: Any standup paddleboard

OPEN Unlimited Standup Paddleboard Any standup paddleboard over 14'.

OPEN BigSUP Standup Paddleboard: Any BigSUP standup paddleboard

OPEN Dragon Standup Paddleboard: Any Dragon standup paddleboard

#### CRUISER and COMPETITION RULES AND SAFETY

1. A "cruiser/riders/participant" must be standing while paddling once a race has started until crossing over the finish line. A participant is allowed to sit, lay, or kneel to rest without making forward progress.

2. A participant shall only use the paddle, waves, and wind to propel the board forward during a race. No outside assistance drafting a vessel not in the race, or any other speed device not considered the norm to SUP racing is allowed. Boat wakes are considered natural conditions unless a participant is deemed as getting an unfair advantage over other cruisers.

3. The safety of all participants and competitions is the number one priority of the race organizers. Participants shall attend all competitor meetings and race postings to keep themselves informed with the typical conditions for the race and also the day of conditions to be expected. Race Directors will warn the participants of any dangers that could occur and where all safety personnel will be located on the course during the pre-race competitors meeting. Participants shall be mindful of the hand signals to be used if someone is injured, in danger (paddle in the air, waving, or erect), or in need of help but not injured (hand in the air). All participants should be mindful with any persons that may be in danger during the course of the race and should assist or help get safety staff attention.

4. All participants must complete the course as placed in the water, and must safely go around all floating turn buoys. Failure to go around all buoys as required will result in disqualification, also the buoys must be rounded in the direction explained in the race map. Any competitor that has missed a buoy or turned it the wrong direction can go back and do this correctly as long as they haven't crossed the finish line.

#### WATER START:

Water Start- Participants will form a straight pre-line perpendicular to the first buoy and will stand between two flagged points on the water (Buoys). Both feet standing on the water (sit on the board), one hand on the board and paddle in the other hand.

The race director will give a 5min, 3min and 2min warning for the start. 1min before the start of the race, the race director will call "Racers to the line" All competitors can make forward progress towards the start line without crossing it. The race Director will give a GO signal will either be verbal over a

loudspeaker, or by a horn sounding; no other audible signals will be given before the start of the race. All participants that cross the start line for any reason before the official start of the race will be given a 3min penalty.

If there is a false start, all racers will be brought back to the pre-line for a restart. Upon the second false start the competitor that started early will be given a 3min penalty.

#### BEACH FINISH:

Beach Finish- Racers and participants will exit the water and run to the finish line. Paddlers must carry their paddles with them across the finish line which will be clearly marked with flags. There will be no diving across the finish line.

#### SPORTSMANSHIP and PENALTIES:

It is the participant's responsibility to act in a sportsmanlike fashion, avoid a collision at all times, and obey the rules as described at the pre-race meeting and in this document. If there is contact or unsportsmanlike conduct during the race that affects the outcome for any racer and they feel they have been interfered with, the race officials may invoke a time penalty. No protest are allowed.

#### DEFINITION OF COURSE



Distance approx 8 km. (4.31 n.mi) The AM Long Distance race will start from Tharros Ancient city to Torregrande (Eolo beach Sport). Water start and beach finish with point to point course (course will be made up of buoys). The route will be configured based on the currents e security conditions.

#### DRAFTING:

Drafting is allowed.

#### LEASH RULES FOR COMPETITORS

All competitors will be required to use a leash which is tethered to the board while racing. Life jackets are recommended but not required.

Leash requirements will be strictly enforced for all competitors and failure to comply will result in immediate disqualification.

#### PRIZES and AWARDS

Men and Women All Age 14'0 and 12'6 categories with at least three participants will have a podium.

Will also be rewarded:

- 1<sup>st</sup> junior U16 Open Category
- 1<sup>st</sup> junior U18 Open Category
- 1<sup>st</sup> Master Over40 Open Category
- 1<sup>st</sup> Gran Master Over 50 Open Category
- 1<sup>st</sup> Inflatable Open Category
- 1<sup>st</sup> Unlimited Open Category
- 1<sup>st</sup> team BigSUP Open Category
- 1<sup>st</sup> team DragonSUP Open Category

Trophies for winners (no prize money) and medals for each finisher.  
(Open Category = men or women non gender category considered)

# **CHRONO of the TOWER Chrono Team Race (PRO-AM OPEN)**

## AGE GROUPS AND GENDER CATEGORIES:

- Open Category. No age group or gender categories will be considered.
- Teams can be mixed or divided for gender. The three members of the team can be men and women.

## DEFINITION OF TEAM

Each team consists of 3 (three) athletes who compete with either the same bib number or alphabet letter.

The bib nr can also be assigned to only one of them (captain), or three bibs with numbers A, B and C can be made for the occasion. (ex. 1A, 1B, 1C., or eventually team A, team B, team C, ...)

The team's three athletes can be registered in different clubs.

The team's three athletes must communicate the composition of the Team, the name of the Team and the Category (Pro or Amateur) at registration.

## COMPETITIVE BOARD CLASS CATEGORIES:

The three members of the Team can use boards of different measures unless they exceed the maximum table size (14 feet). The team's three athletes can use equipment from different brands.

## DEFINITION OF CRONO TEAM RACE - COMPETITOR RULES AND SAFETY

The Chrono Team Sup Race is a time trial, where the team that takes less time to run the race track wins.

The first three Amateur and Pro teams will be awarded.

The three team members start together and arrive together. The final time is taken on the arrival of the third (last) team member.

Each team starts at fixed interval of 2/4 minutes (TBC). Time will be confirmed by race director at rider's meeting.

Overlap: in the occasion that a 2<sup>nd</sup> team regain and/or overtake the started ahead team, the slowest team must allow and facilitate the passage of the fastest team.

Each team member must travel the assigned track (2 km for AM/amateurs and 4 km for PRO, with a pass on the beach). The team that takes less time to complete the course is defined as the winner and all three team members will be awarded.

If one of the three athletes of the team is forced to retire or not complete the race track, the entire team is disqualified.

Safety measures are the same as for an individual race. The obligatory nature of the leash and all other safety devices will be defined during the on-site skipper meeting.

The safety of all participants and competitions is the number one priority of the race organizers.

Participants shall attend all competitor meetings and race postings to keep themselves informed with the typical conditions for the race and also the day of conditions to be expected. Race Directors will warn the participants of any dangers that could occur and where all safety personnel will be located on the course during the pre-race competitors meeting. Participants shall be mindful of the hand signals to be used if someone is injured, in danger (paddle in the air, waving, or erect), or in need of help but not injured (hand in the air). All participants should be mindful with any persons that may be in danger during the course of the race and should assist or help get safety staff attention.

For safety reasons equipment exchange between team members during racing it is not allowed.

Life jackets are recommended but not required.

## DRAFTING:

Drafting is allowed. The members of same team can help each other with the draft.

Drafting between different teams members is not allowed.

## PENALTIES:

Violations of the rules and/or unsportsmanlike conduct by a competitor (including but not limited to: purposely obstructing or interfering with another competitor, causing damage or bodily harm to another competitor, use of profane language toward any persons or competitor while at a race, not rounding a mark, competing on the proper course, over the start line early, avoiding a collision, and adhering to the drafting rules) will range from a 3 min time penalty to disqualification.

Penalties for Unsportsmanlike Conduct:

- Extreme: Disqualification
- Moderate: 1 min penalty for each offense

- Penalties for Drafting other teams members : 1min penalty for each offense
- Course Officials will take note of the offending competitor

### DEFINITION OF COURSE

The course consists of a 2 km route with 5 buoy + 1 beach passage. 1 lap to AM (amateur) team division and 2 laps for the PRO team division. Course could be changed or adapted in relation to currents e security conditions.

Spectacular beach passage will also be considered as the intermediate/split time of each team.

All participants must complete the course as placed in the water, and must safely go around all floating turn buoys. Failure to go around all buoys as required will result in disqualification, also the buoys must be rounded in the direction explained in the race map. Any competitor that has missed a buoy or turned it the wrong direction can go back and do this correctly as long as they haven't crossed the finish line.



1 lap = av 2,0 Kms (AM division)    2 laps = av 4,0 Kms (PRO division)

### BEACH START:

Beach Start- team will form a straight pre-line perpendicular to the first buoy and will stand between two flagged points on the beach. Both feet standing on the sand, one hand on the board and paddle in the other hand.

The race director will give warning signal for the start, team can make forward progress towards the start line without crossing it. The race Director will give a GO signal will either be verbal over a loudspeaker, or by a horn sounding; no other audible signals will be given before the start of the race. All participants that cross the start line for any reason before the official start of the race will be given a 1 min penalty.

If there is a false start, all racers will be brought back to the pre-line for a restart. Upon the second false start the competitor that started early will be given a 3min penalty.

Start for each team will be scheduled every 2 minutes or 4 minutes.

### BEACH FINISH:

Beach Finish- Racers and participants will exit the water and run to the finish line. Paddlers must carry their paddles with them across the finish line which will be clearly marked with flags. There will be no diving across the finish line.

All team members must cross the finish line and time will be stopped on the last one.

### LEASH RULES FOR COMPETITORS

Use of safety leash is recommended but not mandatory. The obligatory nature of the leash and all other safety devices will be defined during the on-site skipper meeting.

### SPORTSMANSHIP:

It is the participant's responsibility to act in a sportsmanlike fashion, avoid a collision at all times, and obey the rules as described at the pre-race meeting and in this document. If there is contact or unsportsmanlike conduct during the race that affects the outcome for any racer and they feel they have been interfered with, the race officials may invoke a time penalty. No protest are allowed, direct referee will occur in case of discrepancy.

### REIMBURSEMENTS and AWARDS

top 3 teams in both PRO and AM, OPEN division will have a podium.

Reimbursements will be considered for top 3 teams in PRO OPEN division only, and will be divided between 1st through 3rd places with the following repartition: 1050€ reimbursements

PRO OPEN: 1<sup>st</sup> team 600€ 2<sup>nd</sup> team 300€ 3<sup>rd</sup> team 150€

AM OPEN: Trophies for top 3 teams in AM OPEN division.

(Open Category = men or women non gender category considered)

## **SPRINT RACE Individual Race (OPEN)**

### AGE GROUPS AND GENDER CATEGORIES:

- All ages (Men and Women) (Top 3 podium of both)
- Junior Under 16 (Men and Women) (Top 3 podium of both with Trophy/medal awarded)
- Junior Under 18 (Men and Women) (Top 3 podium of both with Trophy/medal awarded)
- Master Over 40 (OPEN) (Top 3 podium Trophy/medal awarded)
- GranMaster Over 50 (OPEN) (Top 3 podium Trophy/medal awarded)

### COMPETITIVE BOARD CLASS CATEGORIES:

Any standup paddleboard Up to 14'. (all class)

### COMPETITOR RULES AND SAFETY

Sprint course competition format will consist in a heat SINGLE elimination round format or possibly feature a minimum of one repechage round.

Riders of same category will compete together (same heat) with a maximum nr of 8 riders per heat.

The 50% (or related even nr) of the starting fleet of each heat will advance to next round till final

This format will be adapted to suit to conditions/whether.

Riders seeding will be determined by international ranking, previous year's event ranking (this will not apply where it is a first time event) and/or draw.

A competitor must be standing while paddling once a race has started until crossing over the finish line. If a competitor takes more than five strokes while sitting, laying, or kneeling once a race has started the competitor maybe given a penalty at the discretion of the race director. The exception with this would be for safety reasons where a competitor needs to avoid or may be put into a potentially dangerous situation that would put them or others at risk of injury and or property damage.

A competitor shall only use the paddle, waves, and wind to propel the board forward during a race. No outside assistance drafting a vessel not in the race, or any other speed device not considered the norm to SUP racing is allowed. Boat wakes are considered natural conditions unless a competitor is deemed as getting an unfair advantage over other competitors.

The safety of all participants and competitions is the number one priority of the race organizers.

Participants shall attend all competitor meetings and race postings to keep themselves informed with the typical conditions for the race and also the day of conditions to be expected.

Competitors shall be mindful of the hand signals to be used if someone is injured, in danger (paddle in the air, waving, or erect), or in need of help but not injured (hand in the air). All competitors should be mindful with any persons that may be in danger during the course of the race and should assist or help get safety staff attention.

All competitors must complete the course as placed in the water.

### START and FINISH:

The Sprint Race will have on-water starts and finishes, with starting sequences controlled by the committee boat .

Water Start- Participants will form a straight pre-line perpendicular to the finish line and will stand behind two marks line.

Both feet standing on the BOARD/WATER. The race director will call "Racers to the line" All competitors can make forward progress towards the start line without crossing it. Starting signal can then be given any time in the next 30 seconds, either be verbal over a loudspeaker, or by a horn sounding. Racers over the line will be required to resume the correct position behind the line. If there is a false start, all racers will be brought back to the pre-line for a restart Persistent offenders will be given one warning. Upon the second false start the competitor that started early will be disqualified.

Finish line will be between 2 marker buoys - Racers will officially cross finish-line by "standing on board" position, Board must be carried with them across the finish line. There will be no diving across the finish line.

### SPORTSMANSHIP:

It is the competitor's responsibility to act in a sportsmanlike fashion, avoid a collision at all

times, and obey the rules as described at the pre-race meeting and in this document. If there is contact or unsportsmanlike conduct during the race that affects the outcome for any racer and they feel they have been interfered with, the race officials may invoke a time penalty. If there is a dispute, the competitors must file a protest within 30 minutes of the last person to finish the race in question. In doing so, the competitor must inform the other party(s) that may have fouled them during the course of the race and also bring in any witnesses to attest to their claim and or protest to the race committee. All protest decisions are final upon the race committee's review, and the protest committee may rule in favour or overrule the protest.

#### DRAFTING:

Drafting is allowed, but only within your own gender and race class. For example, a female racer may not draft a male, and visa versa.

#### PENALTIES:

Violations of the rules and/or unsportsmanlike conduct by a competitor (including but not limited to: purposely obstructing or interfering with another competitor, causing damage or bodily harm to another competitor, use of profane language toward any persons or competitor while at a race, not rounding a mark, competing on the proper course, over the start line early, avoiding a collision, and adhering to the drafting rules) will range from a 3 min time penalty to disqualification.

Penalties for Unsportsmanlike Conduct:

- Extreme: Disqualification
- Moderate: 3min penalty for each offense
- Penalties for Drafting: 3min penalty for each offense
- Course Officials will take note of the offending competitor

#### DEFINITION OF COURSE



Sprint course will consist of a short track-course (100-500 m) around and/or between buoys, in and out of the surf in the coastal locations, or on flat water, where the course itself will be more technical. Course will be made up of buoys. Water start and finish with point to point course (course will be made up of buoys). The course will be configured based on the currents e security conditions.

#### LEASH RULES FOR COMPETITORS

Use of safety leash is recommended but not mandatory. The obligatory nature of the leash and all other safety devices will be defined during the on-site skipper meeting.

#### REIMBURSEMENT and AWARDS

top 3 of each category will have a podium.

Reimbursements equally distributed between the All ages (Men and Women) divisions for 1st through 3rd places with the following repartition: 600€ Reimbursement

MEN: 1<sup>st</sup> 150€ 2<sup>nd</sup> 100€ 3<sup>rd</sup> 50€

WOMEN: 1<sup>st</sup> 150€ 2<sup>nd</sup> 100€ 3<sup>rd</sup> 50€

Trophies for top 3/podium of each category.